

## **Chapter One**

<https://www.facebook.com/profile.php?id=100091294232805&mibextid=9R9pXO>

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I survived psychiatry. Therefore, the drug pushers are lying when they say patients will have to remain on the drugs for their whole lives.

i'm finally allowed to choose where to reside. I won hearing to acquire what most take for granted. In a historic case, I moved out of a group home. The abusers don't allow independence. I had to convince a judge to let me choose where and how to live.

Relaxation and euphoria both prevent paranoia. Surprise! Medicinal cannabis is how I survived forced psychiatry..

Ppl labeled "mentally ill" are victims of torture. Psychiatry preys upon good and innocent ppl.

Autism is devastating, hence Post Traumatic Stress Disorder. Most autism is much worse than my case, I'm denied a job since I "don't look disabled".

#Savant syndrome is nothing like how it's portrayed on TV or in movies. I'm fed up with being an easy target. Appearing in public alone is terrifying. I've never harmed anybody and I'm fed up being labeled a "retard" and a "creep" and told "we don't like your kind around here". The populace is unaware that those discriminated against are on the spectrum glo(u)rified in fiction. The couch potatoes who ask, "can I help you, freak?" also glamo(u)rize suffering by claiming to have a "superpower". They fake autism for clout and harass autists, fasely accusing abused individuals of "self hatred". The positive aspects of savant syndrome are few and far between.

Unintentional ableism is still ableism.

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Kedrick the Head Trip here. As of 2023, I'm feeling much better, having survived the Continuum of Care by the Department of Mental Health and Addiction Services in Connecticut.

I spoke out against forced psychiatry, and I was repeatedly retraumatized. There's no mass delusion, people who get abused don't share a delusion. Drug pushers misdiagnose easy targets to shift the blame away from themselves, projecting their own insecurities upon good and innocent people. Junkies get their fix at detoxification wards and preach sobriety.

I wrote critical reviews, and the violations escalated. Once I finally got diagnosed with Post Traumatic Stress Disorder, abusers shifted tactics from forced drugging and involuntary admissions to housing me with predators and trying to blind me I survived despite betrayal by liars I considered my friends for more than years. I got sent to improper settings and denied help that could have easily been provided. Some of those liars pretended to be my friends since long before adulthood, then they stopped pretending. When I got housed with predators and not allowed better housing, phony "friends" disrespected me. They wouldn't have to owe me anything

to do what friends are for. They didn't believe me or care since they couldn't see any shackles on me.

One person had a disease and a son. The remainder of them never explained.

I fled a house in Wethersfield and the housing available was in New Haven, where I could've been murdered, so I fled to Bristol and requested a Probate Court Hearing.

Knowing my life expectancy is shortened, liars in a mid life crisis downplay my plight like they don't know better. They'll probably outlive me by at least 4 decades.

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<https://youtube.com/@kedricktheheadtripMusic>

I wrote an essay;

1

Recovery from Forced Psychiatry

Now that I've recovered from forced psychiatry, a plethora of psychiatrists who had retaliated desisted.

I was experimented on by Dr. Richard Miller at the Wheeler Clinic in Plainville, Connecticut from 5th grade until graduation in 2005. Autism (more specifically, Asperger's syndrome) made me an easy target.

I was forcibly drugged to pull out my hair and fall asleep, then sent to detention for suffering from forced psychiatry; hence exacerbated Post Traumatic Stress Disorder.

I wasn't allowed to taper off of pharmaceuticals when I graduated, I suffered withdrawal symptoms and was tortured. I was sent from Bradley Memorial Hospital in Southington, Connecticut to New Britain General Hospital in New Britain, Connecticut. Dr. Michael Edward Balkunas misdiagnosed Autism and Post Traumatic Stress Disorder as "bipolar disorder, schizoaffective disorder, and schizophrenia" or something like that without meeting me or corresponding with me. He vowed revenge because medicinal cannabis reduces the harm caused by forced psychiatry.

Community Mental Health Affiliates exacerbated Post Traumatic Stress Disorder by forcibly drugging me and forcing me into hospitals. I was denied assistance attending college.

I was also abused at Bristol Hospital Counseling Center.

Susanne Wargo forced me to take Xanax and I had a seizure from misplacing it. The staff at Bristol Hospital claimed the cause of the seizure was "undetermined" and I was abused in the psychiatric ward. Dr. Nachiappan Manoharan (sp) threatened forced injections of Zyprexa to cause diabetes, pancreatitis, and heart attacks, thus death; that's attempted murder.

Barbara Braunstein falsely accused me of using illicit narcotics whilst knowing I was forcibly prescribed drugs to cause drowsiness and threatened to drug test me. This person "worked" at the same location where I was forcibly drugged. The threat to drug test me was probably a bluff.

Margaret Pienezak of Community Mental Health Affiliates caused an anxiety attack by threatening to commit me after I was nearly murdered, falsely accused of being

a "sex offender" because I'm an easy target. Dr. John A. Nazarian sent Margaret Pienezak and Michael Higgassin (sp?) to lie under oath knowing they'd get away with perjury. Attorney Katrina Camera was appointed as Conservator without grounds.

Alice Martinez of the Department of Public Health lied about why I reported CMHA. It had nothing to do with not prescribing cannabis, I reported violations such as misdiagnoses and forced drugging. The DPH retaliated by encouraging torture. CMHA retaliated by sending me to Connecticut Valley Hospital in 2015. No risk factors were identified. I was discharged when housing was available about 4 months later.

I was sent to the Continuum of Care. I was then subjected to Leann Farley's cruelty. I nearly went blind from excessive lights and I got underweight because staff members bullied me for eating. Leann retaliated by not allowing use of the stove at night since I had to hide to eat.

July 2022

I fear for my life because it's in the hands of criminally negligent Attorney Katrina Camera, appointed in 2014. Dr. John A. Nazarian of Community Mental Health Associates, a hate group, vowed revenge and meant it. He lied about why I reported him. It had nothing to do with what he doesn't prescribe. I knew I'd recover from pharmaceuticals if they were tapered. Nazarian doesn't allow recovery, hence the Conservator.

A Probate Judge broke the law and he has since retired.

Margaret Pienezak of CMHA caused anxiety by threatening to commit me for being assaulted over a false rumour. I was nearly murdered for being falsely accused of being a "sex offender" since I'm an easy target. I had to get out of CMHA to recover from forced drugging. CMHA's staff members lied about why I reported them. The Department of Public Health retaliated.

Since 2015, Continuum of Care has abused me.

Due to photophobia (i.e. light sensitivity,) from autism, my eyes hurt from being constantly subjected to bright lights while trapped in an improper setting.

Continuum of Care an agency claiming to "rebuild lives", employs negligent staff without any certifications. They're in it for an easy paycheck. I pleaded with them to stop allowing a bully to destroy my belongings. They hid in the office. They tried and failed to commit me for being harassed by a bully they forced me to reside with. I'm still a hostage since I don't choose where to reside. I finally moved out of that place, still trapped in the Continuum of Care. My own \$ would be withheld if I discharged myself.

Ppl with autism are under attack and expected to not defend ourselves.

The Department of Public Health

would probably retaliate if I reported said violations. Continuum of Care continues escalating its violations. As for why said scam still occurs, laws against such abuses are unenforced.

A staff member destroyed a resident's computer (not recently). Manager Leann Farley (in Wethersfield) probably destroyed my cell phone knowing I'd figure it was Mike Inigo, Jr. as usual.

2

Rebuttal to Sarah Carlson-Allwood

I recovered from pharmaceuticals years ago. They were finally tapered.

Sarah Carlson-Allwood misdiagnosed autism and PTSD as "schizoaffective, bipolar disorder". Trauma happened.

Medicinal cannabis saves lives. I have the license now. It's how I recover.

Falsifying medical records is illegal, the authorities just don't care. Sarah Carlson-Allwood vowed revenge because I'm unwilling to suffer from psychiatry, hence the "recommendation": being locked up and tortured at Connecticut Valley Hospital.

The safest and most effective medical necessity still prevents paranoia because it's still relaxing. Get over it.

Medicinal cannabis is the only way to concentrate, relax, and be motivated after being forcibly drugged since childhood.

3

Refuting Media's Lies About Autism

Nobody who downplays autism knows what a spectrum is. The media neglects to mention the severe cases of autism. I know it's usually much worse than what I have. Autism can mean being nonverbal and prone to seizures and wearing helmets and even diapers. Nobody downplaying autism knows about the varying degrees thereof. All degrees of autism are devastating and it didn't simply go unnoticed until recently. The prevalence of autism is rising. It's not increased awareness, it's an epidemic.

While TV shows and movies downplay autism, the news indoctrinates the populace to despise autistic people.

Having a medical condition has nothing to do with being in a community and autism existed before Reddit.

August 2022

An application was sent for better housing in Bristol. Continuum of Care's violations continue escalating. Two staff members, Tanice and Gary, disrespected me by befriending a mailman who threatened to assault me. I finally learned his full name, Milton Jackson.

After I explained my difficulty controlling the volume of my voice, the mailman threatened to control it for me. He asked Tanya, who recently began working here, if she controls ms, she explained that she doesn't.

Towards the end of August, Gary and Tanice retaliated by befriending Milton Jackson just to spite me.

Also, Jess denies the need to add more food to the pantry.

At the end of August, food was finally added to the pantry.

September 2022

New staff said to give them a chance. The air conditioner remains on in late September.

October 2022

The heat's finally on.

November 2022

I gave my 30 days notice and moved to Bristol. The conservator had no idea I knew her cell phone number. I sent a text because she never returns my calls.

December 2022

For the time being, my mother replaced Attorney Camera as Conservator.

## **Chapter Two**

<https://waterandhealth.org/newsletter/chlorination.html>

April 2023

The reign of terror worsens. I'm prevented from visiting \_\_\_\_ at Bristol Hospital. The drug pushers won't let her recover. I was prevented from visiting her. She called Friday, April 28th 2023. She gets out Monday. She'll be discharged to the same group home she'd just fled, unfortunately. I'll help as much as I can.

The drug pushers were told that everyone who gets locked up gets traumatized, there's no recovery while still locked up, there's no recovery while still prescribed drugs to cause harm, and shame on them for not allowing the visit; they're sadists. The drug companies wouldn't inevitably collapse just because one person recovers. Good and innocent people still suffer and die from forced psychiatry because psychiatry still exists.

An advocate called me on Tuesday, May 2nd 2023 and will call lawyers.

Monday, June 5th, 2023

Continuum of Care's "Clients Rights and Grievance Officer" Dave Olstrom denied my light sensitivity and he denied that crooks were hiding in the office knowing I got preyed upon.

Tuesday June 13th, 2023

I got a letter from De Marco Management, falsely accusing me of unpaid of rent and damage, denying me the entire security deposit; the former Conservator documenting paying rent.

\_\_\_\_ can't be found online and her phone's out of service. I hope she's well.

June 19th 2023

Waxing crescent moon

I weighed 134 pounds today. I smoked weed and meditated.

June 21st, 2023

Summer solstice.

I wrote:

" Sent far out to inexplicable dimensions of realms again in spotted hyenas' dens,  
under dissociative anesthesia in the fens;  
feeling the frequencies applicable when chakras are cleansed. "

Friday June 23rd, 2023

I called a law firm today. Suing the state is difficult despite the evidence.

Wednesday June 28th 2024

\_\_\_\_ still missing.

Thursday, June 29th, 2023

Important : my friend \_\_\_\_\_ disappeared again, more recent than the incident in April. She'd been sending \$ to some dudes who ran her ragged, then she stopped sending them \$ and now she's missing. The current disappearance still hasn't been reported yet. I'm concerned.

I reported this.

Later today, I'm told she's at the group home and not allowed to use her cell phone.

Friday, June 30th, 2023

Posted online;

" A friend of mine is prevented from using her cell phone at a group home. She tried to recover from psychiatry. "

Cacti Pterosaur recording session.

Kedrick the Head Trip : "philosophies without degrees, topple these technocracies with ease and document atrocities while plausibly akin to octopodes and squids ..."

July 1st

I weighed 126.6 lbs this morning.

Monday, July 3rd, 2023

Full moon.

Concerned about \_\_\_\_\_.

Friday, July 7th, 2023

Still haven't heard from \_\_\_\_\_. She fled a group home, got sent back, and can't contact anyone. They're abusing her. Saturday, July 8th, 2023

feeling better by late night, been needing rehydration.

Sunday, July 9th, 2023

\_\_\_\_\_ still denied ability to contact anyone. She tried to escape Gilead Community Services in Middletown. Bill Peirce said he'll see what he can do. They're not allowed to deny a person the right to use a phone.

Monday, July 17th, 2023

New moon in Cancer.

I called out abusers :

The junky staff members at @bristol\_health sent a friend of mine back to where she fled abuse, @gileadcommunityservices

A liar denied that abuse occurs at Gilead Community Services , as if everyone who wrote critical reviews inexplicably shares a delusion. Yeah, right! The abusers won't let an alleged "client" contact anyone, they bribed the police to get away with said violation, and it's because the aforementioned person tried to move out of a group home described as "like a concentration camp".

The critical reviews add to the evidence.

(Praise the deities for Google reviews!)

A liar tried to cover his ass by questioning my intentions while a friend of mine is forcibly drugged and deprived of the ability to contact anyone.

July 18th, 2023

<https://apnews.com/article/muslim-lawmaker-attacked-connecticut-maryam-khan-53d856f22b664f16ccf6b4ac5fb413f7>

<https://www.registercitizen.com/capitalregion/article/maryam-khan-ct-hartford-attack-felony-charges-18206035.php>

Protect women!

Wednesday, July 19th 2023

When my friend \_\_\_\_\_ fled that group home, the cops came here and I made sure they didn't assault her. She ran back in, they grabbed her; and I intervened. I said, "I won't let you assault a woman "

They haven't let her use her phone since June 12.

Thursday, July 20th 2023

I called Gilead Community Services about Justin Salvio falsely accusing me of "harassment" now, and I was told his supervisor will contact me.

I heard some dubious claims today.

My mother called that liar. I asked for an update. Barely anything was disclosed.

Supposedly, \_\_\_\_\_'s safe and choosing to take a break from contacting anyone. I'm told to "be patient", "she'll reach out when she's ready".

In fact, I had been told she's denied ability to contact anyone. Now I'm told this isn't forced.

This contradicts all prior information.

I'm still concerned they're abusing her. A group home isn't devoid of abuse.

Friday, July 21st, 2023

I weighed 123.6 pounds. I went to Trulieve for pre rolls.

I wore the posture corrector for about an hour. For dinner I ate walnuts, corn, beans and coleslaw with vegan mayonnaise.

Saturday, July 22nd, 2023

Venus retrograde from today until September 3rd.

The process of acquiring the medical records includes my signature also. I signed yesterday.

I'll wait to hear from \_\_\_\_\_.

Sunday, July 23rd, 2023

I'm in a (relatively) good mood this morning.

Planning to finally use some material, including this one;

" Authorities worldwide are horrified, mortified.

I transmogrify rebellion while they hide, fortified.

'Twas more than an insurrection defying dystopia so disastrous.

Recline on a throne to pass around a bone and laugh back at those who laugh at us.

"

Monday, July 24th, 2023

I preordered an 8th of Macbrid from Trulieve, circa 9:10 a.m..

About an hour later, I packed two bowls and after firing, I walked to the swingset while avoiding sunlight by only opening one eye; then did 120 push ups late this morning.

**Chapter Three**

Tuesday, July 25th

First quarter moon.

I decluttered my room after the wake and bake.

[https://www.madintheuk.com/2023/07/antidepressants-antipsychotics-suicide-risk/?fbclid=IwAR24\\_wCmuwgfSF8e-](https://www.madintheuk.com/2023/07/antidepressants-antipsychotics-suicide-risk/?fbclid=IwAR24_wCmuwgfSF8e-VogMkM4bZlwBQRpdwXWJU8FwvQyNKkkgJfXi1apG_k)

[VogMkM4bZlwBQRpdwXWJU8FwvQyNKkkgJfXi1apG\\_k](https://www.madintheuk.com/2023/07/antidepressants-antipsychotics-suicide-risk/?fbclid=IwAR24_wCmuwgfSF8e-VogMkM4bZlwBQRpdwXWJU8FwvQyNKkkgJfXi1apG_k)

Raining this evening, also thundering.

Wednesday, July 26th 2023

10,600 views of Ingenuity, circa 8:35 a.m.

I ate cucumbers, rice, black beans, veggie burgers, et cetera

Thursday, July 27th, 2023

I bought an 8th from Trulieve. There was a storm this evening.

Friday July 28th, 2023

Mercury conjunct Venus.

At least I don't have to eat anymore.

Saturday, July 29th, 2023

Raining tonight.

Sunday, July 30th, 2023

I('ve) nearly finished the Latin course on DuoLingo

i ground scored \$1 and 5 cents. I weighed 139.4 pounds circa.3:50 p.m.

Monday, July 31st, 2023

For breakfast, I ate walnuts and a lemon.

Medical necessity costs \$ and I'm denied a job. I "don't look disabled". Nightmares resurface without ganja, hence somno' phobia.

Tuesday, August 1st, 2023

Jerry Garcia's Birthday

First Harvest in Northern Hemisphere

Full Moon

" Drug pushers lost a customer. I tapered off of pharmaceuticals, and the pushers wouldn't get away with torturing me over authentic medical necessity that's legal now. If not for medicinal cannabis, I would've definitely died from forced psychiatry. I won a Probate Court hearing and I'm not trapped in group homes anymore. Ganja saved my life since long before I was an adult. Therefore, ganja should be available to minors. There has to be THC. I'm against discrimination, including ephebo-phobia.

Relaxation and euphoria both prevent paranoia. Nobody gets paranoid from a relaxing medicinal herb. The herb is the only way to concentrate, relax and get motivated. "

I went to Trulieve this morning for an 8th of a hybrid.

Wednesday, August 2nd, 2023

Mild weather.

I smoked some weed bought cereal, did 60 push ups this afternoon and listened to Hallucinogen - Horrorgram.

I'm wearing an eye patch under sunglasses, using one eye and alternating.



circa 7:55 p.m , Ingenuity surpasses 10,650 views.

Thursday, August.3rd, 2023

Languages with the same word for child and slave are a result of societies condescending upon young ppl.

circa 2 p.m., 133.8 lbs

I tripped on 2 tabs (of L) and smoked weed.

Friday, August 4th, 2023

Commercial for lawsuits of Gardasil.

Saturday, August 5th, 2023

I expect better in September. I smoked ganja today and wrote more lyrics to a work in progress.

Sunday, August 6th, 2023

Wrote more after the wake and bake.

Monday, August 7th, 2023

The sadists at Bristol Hospital won't admit the 1930's ended, they still fear jazz and swing.

Tuesday, August 8th. 2023

lion's gate portal

Wednesday, August 9th. 2023

As for the manner of abuse at Gilead Community Services", I don't ask questions that answer themselves, like "what are women subjected to at group homes?"

Friday, August 11th, 2023

The liars at Gilead Community services can't fool me. \_\_\_\_ wouldn't have fled if she hadn't been abused, and the abusers won't let her contact me. I'm told to be "patient".

I'm sickened by what those crooks get away with. Justin Salvio is a predator.

Group homes are a racket i.e , a criminal enterprise.

A woman who's historically fled from group homes including this one isn't "safe" there. The "employees" even threw out her baby pictures for running away from.a group home (not this one)

As for why she stopped communicating with those dudes she had been sending money to, I didn't pry. I didn't ask if she had even owed them any money or not.

Saturday, August 12th, 2023

Better doctors now and they're finally addressing diseases I already had for more than years and I got ignored until recently.

Diseases worsened and I wasn't reminded that insurance covers transportation to doctor's appointments II was told I'm not allowed to address diseases.

Today, I smoked Hybridol and wrote a bit. Planning to extend Resistance to Psychiatry (the song).

Sunday, August 13th, 2023

Venus at inferior solar conjunction.

Sumatriptan needed at 3 p.m.

Monday, August 14th. 2023

I bought an 8th and after packing two bowls, I had to wait to smoke due to excruciating pain from stomach acids; have to wait to eat. I'm still underweight. That's mostly from starving because of the Continuum of Care scam. I dehydrated and I was prevented from healing.

Today, I finally ate this afternoon, then smoked Hybridol and walked to a swingset.

I weighed 135.4 pounds at about 6 p.m.

circa 8:55 p.m. I listened to Wizard69 - Free Spirits.

Tuesday, August 15th, 2023

Rain last night and this morning.

10,700 views of Ingenuity, circa 12:15 p.m.

Still raining.

I weighed 133.2 pounds at 1:07 p.m.

#### **Chapter Four**

Wednesday, August 16th, 2023

New moon in Leo.

[https://www.mirror.co.uk/news/uk-news/woman-died-after-nhs-electric-7540901#ICID=sharebar\\_twitter](https://www.mirror.co.uk/news/uk-news/woman-died-after-nhs-electric-7540901#ICID=sharebar_twitter)

My mother finally admitted I have a point, the predators are lying about \_\_\_\_

Kedrick : "She would've told me if she "took a break from friends". She saw how traumatized I was when the cops came here to commit her."

Thursday, August 17th, 2023

Good riddance to slums. I could've been murdered by hate mongers who think there's such a ppl as "white" ppl.

Irish indentured servants were historically considered "less valuable than (chattel) slaves". The Southern Poverty Law Center is a hate group.

Today, I walked to Trulieve for a quarter of Hybridol shake.

I also called DMHAS about \_\_\_\_.

Kedrick : "I won't know with certainty she's even still alive until I see her in person."

Friday, August 18th, 2023

Storm seems to have ended this morning.

Saturday, August 19th, 2023

Moon conjunct Mars.

Crisp air, hot out. Sumatriptan needed at 6 p.m.

Sunday, August 20th, 2023

I bought a quarter oz of a hybrid, Early Glue. Ingenuity was uploaded to YouTube 5 years ago today.

Monday, August 21st, 2023

Hot out today. The swings were recently removed from Wilson Park. I weighed 138.2 pounds at 3:30 p.m.

Stomach acid build up hasn't improved.

circa 7:30 p.m., Ingenuity surpassed 10,730 views.

Tuesday, August 22nd, 2023

The swings should get replaced by next week, I'm told.

Wednesday, August 23rd, 2023

Ordered a quarter oz of Hybridol.

Even after I was finally allowed to recover from psychiatry, my health failed. Forced drugging takes its tolls. In the long run.

Mike Inigo Jr. was praised in the "Hall of Fame" on the official website of the Continuum of Care scam by the Department of Mental Health and Addiction "Services" and his history of sexual harassment and stalking was mentioned. So much for "privacy laws"!

Thursday, August 24th, 2023

Rain earlier than expected. Sumatriptan needed at about 3:30 p.m.

Feeling a bit better this evening. Still raining out. I ate two veggie burgers, then packed a bowl and avoided lights.

Friday, August 25th, 2023

Sumatriptan 8:40 a.m. Still raining.

I ate lentil soup and got a monthly shot to treat migraines. 10 seconds in my thigh.

Saturday, August 26th, 2023

"Bristol Hospital should get shut down. Authentic medical necessity is legal now.

The safest and most effective medical necessity is how I survived forced psychiatry.

Ppl of all walks of life smoke weed to concentrate, relax, get motivated, et cetera

Jeffrey Shelton and Susanne Wargo still endorse the lies from the 1930's, the

"Reefer Madness" Era. They think Mexicans and black ppl are "out to get" them and "insane on marijuana that makes them think they're as good as white men".

If those crooks got traumatized, they'd have to recant their lies and rely medicinal cannabis to heal from PTSD."

Sunday, August 27th, 2023

Mars in Libra.

I posted this online.(again):

" Forced disappearance of "client" who tried to escape group home and recover from psychiatry

—

A woman who tried to recover from psychiatry and have a better life is now subjected to much worse abuse at Gilead Community Services in Middletown, Connecticut, described as "like a concentration camp"; the sadists at Bristol Hospital sent her back there. I risked my life preventing police brutality. She ran back in to where I reside, the cops grabbed her, and I intervened; then a predator my intentions because his job includes bribing the cops and hiding evidence of abuse. Justin Salvio abuses women. The aforementioned woman is forcibly drugged to cause damage. The predator said, "that's between her and her psychiatrist";, the same torturer who lied so the woman got committed for trying to recover. The so-called "medications" are meant to cause irreversible harm. I know the abused woman is unwilling to use the pharmaceuticals damaging her. Most psychiatrists never take "no" for an answer. They're drug pushers, not merely dealers. The abusers at the group home are lying. They don't plan to ever let this woman contact me again, I survived psychiatry and I tried to help her survive. If she were allowed independence, then she wouldn't have been subjected to revenge for discharging

herself and seeking a better life. She didn't choose to "take a break from friends", the abusers won't let her contact anyone and especially not me. They said she said she'll "reach out when she's ready" like they'd let her reach out. She also would've told me first if she willingly stopped using her phone and social media.

She can't be "safe" at the group home, she tried to escape and the abusers vowed revenge and meant it.

These abusers are by the Department of Mental Health and Addiction Services (rather than the Department of Developmental Services [not that area of the spectrum]).

Autism is inherently devastating.

Justin Salvio is a predator, a gaslighter, and a liar. His extension is 3420 at 1 860 343 5300. "

Monday, August 28th, 2023

Uranus goes retrograde tonight

I walked to Trulieve this afternoon

Tuesday, August 29th 2023

In a good mood today.

Wednesday, August 30th, 2023

blue supermoon tonight

Early this afternoon (?), I acquired groceries and a joint.

I ate blueberries.

circa 12:40 p.m.

Listened to Cosmic Forager - Garden of Pomegranates featuring Shpongole

circa 3:45 p.m.

Swingset repaired.

Thursday, August 31st, 2023

Posted this:

"Relaxation and euphoria both prevent paranoia. Nobody who's relaxed and euphoric can also be paranoid simultaneously. The safest and most effective medical necessity can't cause paranoia and nobody said so before the 1930's. I would've died from forced psychiatry if not for medicinal cannabis. I was forcibly drugged to impair concentration and cause depression. Therefore, the herb is the only way to concentrate and heal from depression."

Friday, September 1st, 2023

New month ritual, I blew salt into my room. I tripped on 2 doses (of acid) , smoked weed, meditated, and watched Seinfeld.

Saturday, September 2nd, 2023

I bought a quarter ounce of Hybridol and groceries, including blueberries and vegan pizza.

Sunday, September 3rd, 2023

Tonight, Venus goes direct.

4:20 p.m., I packed a bowl of Hybridol.

I bought groceries today.

I did 75 push ups this evening

I've been using salt water mouthwash, I might have an infection.

Monday, September 4th, 2023

I acquired a quarter oz Hybridol shake and more groceries. I have a coupon for vegan pizzas.

Tuesday, September 5th, 2023

I walked to the swingset at Wilson Park. There's a heat wave. I did 75 push ups tonight.

Wednesday, September 6th, 2023

There's no enjoyment in solitary confinement. Humans are social myself included.

Thursday, September 7th, 2023

I posted this online:

" Group homes = abuse. I got out because I won a hearing. Nobody's allowed out of group homes. The abusers forcibly disappeared a woman for trying to have a better life. "

I weighed 131.8 pounds today..

Friday, September 8th, 2023

Still waiting to hear about dentists who take my insurance.

This evening, there was a storm.

Saturday, September 9th, 2023

Survivors' guilt haunts me.